Toolkit for Disability Inclusion in Care Reform

PARTICIPATION & ADVOCACY
Half Day Learning Workshop
Child with a disability or a disabled child?

- Human rights and development context favours ‘person-first’ language = child with a disability, children with disabilities
- Some activists prefer to acknowledge the social model and the barriers which inhibit full participation = disabled child, disabled children
- Don’t assume you know best!
- Ask and use the terminology preferred by disabled persons organisations in your country
By the end of this workshop you will...

...understand the benefits of children’s participation and family involvement
...have increased knowledge and awareness of self-advocacy approaches
...have generated ideas for introducing this learning in your program
"We had a chance to tell the adults our opinion, they heard our voices."

"I sang in front of everyone, which I had never done before."

"Give us a chance to share our dreams, hopes and problems."

"Meetings with new and old friends."

"I had a chance to talk about my dreams, getting a job, friendship, doctors and what is good or bad for me."

"I rode a bicycle with my friend and after that we discussed children's rights!"

"We learnt not to argue in a bad way, and how to work together."

"It helped me to become useful for myself and also for others. I got brave, more confident, and I started to feel that people are listening to what I have to say. I became a thoughtful and more independent person who is able to analyse things. The project opened a door to for us to achieve more in our lives."
What is participation?

• Article 12 of the UNCRC says that children and young people have the human right to have opinions and for these opinions to matter
• Article 12 applies everywhere and to everyone
• It's about being able to speak up – even if you have a different opinion from other people, or want to complain
• It's also a child’s right to refuse to give an opinion
What does the UNCRPD say about the right to participate?

Article 21  Saying what you want and access to information

Article 29  Being involved in politics

Article 30  Being involved in sport and leisure
What is advocacy?

**Advocacy** is a process of supporting and enabling people to:

- Express their views and concerns
- Access information and services
- Defend and promote their rights and responsibilities
- Explore choices and options

**Advocacy** is when you get support to have your say
An advocate will...

**Talk** with a child with a disability to find out what they want

**Listen** to what the child has to say

**Find information** to help the child to make choices

**Talk to other people** or groups on behalf of the child (with their permission)

**Help the child say what they think** about their reintegration process, or any other issue that is important to them

A **self-advocate** is a child or person with a disability who is supported to speak for themselves
Participation is a human right!

Advocacy is the support provided for children with disabilities and their families to realize that right!

Self-advocacy is when a child has the skills, knowledge and support to advocate on their own behalf.
Why is involving children & their families important?

✓ Because it is their right
✓ Because services will be improved, better informed, better targeted and more effective
✓ Because projects will be on the right track from the beginning
✓ Because it is best practice
Henry and Daniela as self-advocates

Daniela meets new friends who help her campaign to get access to the book

Henry meets new friends who help him campaign to join the youth club
Participation can be hard...

- It is not culturally appropriate for children to speak up
- Children are discriminated against, for example in some countries girls are discouraged from speaking up
- Adults believe they cannot participate like other children because they have a disability
- Children with profound or multiple disabilities which significantly affect their capacity to communicate
The Advocacy Charter

CLAIRITY OF PURPOSE
Advocacy Providers ensure that the individuals they advocate for, refers to, health and social care services and funding agencies all receive information that helps them understand the advocacy service and the role of the advocate, including its benefits and boundaries.

The Advocacy Providers’ objectives and activities must align with the principles set out in this Charter:

INDPENDENCE
The Advocacy Provider is independent from statutory organisations and all other service delivery and is free from conflict of interest, both in design and operation of advocacy services. The Advocacy Provider’s culture supports Advocates to promote their independence with individuals, professionals and other stakeholders. Advocates will be free from influence and conflict of interest so that they can represent the person for whom they advocate.

CONFIDENTIALITY
Information held by the advocacy service about individuals will be kept confidential to the advocacy service. The Advocate will have a Confidentiality Policy that reflects current legislation.

It will be clear how personal information held by the advocate will be kept confidential, under what circumstances it may be shared, the organisation’s approach to confidentiality in the delivery of Non-Instructed Advocacy and how the organisation responds if confidentiality is breached. Advocates will ensure that information concerning the people they advocate for is shared with these individuals unless there are exceptional circumstances, when a clear explanation will be recorded. Advocates will also be aware of situations that require making a child or adult safeguarding alert.

PERSON LED
The Advocacy Provider and Advocates will put the people they advocate for first, ensuring that they are directed by their wishes and interests. Advocates will be non-judgmental and respectful of people’s views, values, culture and experience.

EMPOWERMENT
The Advocacy Provider will support people to self-advocate as far as possible, creating and supporting opportunities for self-advocacy, empowerment and enabling. Advocates support people to exercise access to information, choice and control in their lives and the decisions affecting them. People will choose their own level of involvement and the style of advocacy support they want. Where people lack capacity to influence their service, the Advocacy Provider will ensure the advocacy remains person led and enable those with an interest in the welfare of the person to be involved. People receiving advocacy will be involved in the wider activities of the organisation up to and including the board.

EQUALITY AND DIVERSITY
The Advocacy Provider will have as its aim to promote diversity and equality that recognises the need to be proactive to combat all forms of inequalities, discrimination and social exclusion so that all people are treated fairly.

Advocacy time will be allocated equitably. Advocates make reasonable adjustments to ensure people have appropriate opportunity to engage, direct and benefit from the advocacy activity.

ACCESSIBILITY
Advocacy will be provided free of charge to eligible people. The Advocacy Provider will ensure that its premises (where appropriate), policies, procedures and publicity materials promote full access for the population that it serves. Advocates will provide information and use language that is easy to understand and accessible to the person.

ACCOUNTABILITY
The Advocacy Provider is well managed, with appropriate governance arrangements in place, meeting its obligations as a legally constituted organisation. People accessing the service will have a named advocate and a means of contacting them. The Advocacy Provider will have systems in place for effective recording, monitoring and evaluation of its work, including identification of the impact of the advocacy service and outcomes for people supported. In addition, it will be accountable to people who use its services by obtaining and responding to feedback and complaints. The Advocacy Provider will address systemic issues in health and social care provision or other services.

SAFEGUARDING
As a part of supporting people to realise their human rights, the Advocacy Provider will have a thorough understanding of safeguarding responsibilities and procedures as set out in its legal and best practice guidelines. The Advocacy Provider will have clear up-to-date policies and procedures in place to ensure safeguarding issues are identified and acted upon. Advocates support people to have their rights upheld and will be supported to understand and recognise different forms of abuse and neglect, issues relating to confidentiality and what to do if they suspect an individual is at risk.

SUPPORTING ADVOCATES
The Advocacy Provider will ensure that Advocates are suitably trained, supported and supervised in their role and provided with opportunities to develop their knowledge, skills and experience, including access to legal advice where necessary. It will create a supportive culture that enables Advocates to undertake their role in line with this Charter.

Advocacy helps you to have your say in what happens in your life.

Advocacy is supporting you in speaking out about your rights, what you need and what is important to you.

Clarity of Purpose
This means we will be clear and honest about what we can and cannot do for you.

Confidentiality
We will keep information about you private and safe.

Person Led
We will ask you what you want to happen, and give you information to make choices.

Empowerment
We will help you to speak up for yourself.

Equality and Diversity
We will treat all people fairly and with respect and make sure they understand what we can do for you.

Accessibility
Our services are free. We will use words you can understand.

Supporting Advocates
We will do our best to support advocates to be good at their job.

Safeguarding
We will make sure advocates know about your right and how to help you stay safe.

We will understand your needs and support you to speak out.
IMPOSSIBLE
✓ Make participation part of the program
✓ Develop individual participation plans
✓ Become an advocate
✓ Support others to participate & advocate
✓ Learn more